

1. What was / has been your occupation before entering politics?

I am a small business owner and a former Parliament Hill staffer, with experience in economic development and tourism, education, and human rights.

2. Do you live in the riding and, if so, how long has it been your home?

My family has lived in the riding for about 200 years. I was born in Smiths Falls and currently live near Jasper.

3. What has been your main involvement with your community outside of work (volunteer activities, etc.)?

I have volunteered / been involved with the Smiths Falls Community Theatre, Carleton Place Town Singers, Mississippi Mudds, Cogeco, and the Upper Canada District School Board.

4. In your life what event, or book, or speech, or song or even TV show has made the biggest impression on you and your political thinking? Why?

Power & Politics has had a big impression on me. I started watching the show in 2015 when one of my professors from Algonquin College appeared on the program and have been hooked ever since. It gives Canadians the opportunity to hear what politicians are doing for them and gives panellists of all political stripes the opportunity to explain and defend their party's policies.

I earned my master's degree in Political Management at Carleton University, and was fortunate to learn from a number of experienced, intelligent professors who regularly appear on the Show.

What previous politician (alive or dead, but not currently in parliament) is a role model for you?

Although I wasn't alive to witness Pierre Elliott Trudeau as Prime Minister, his legacy inspires me. I am proud of the Charter and everything it stands for, and his government's decriminalization of homosexuality and abortion.

On a side note - my mom is a railroader and named a railroad track in Smiths Falls after Pierre Elliott Trudeau.

I also look up to many Liberal women in politics, but they are sitting Members of Parliament.

What policy in your party's platform do you think matters most to the people in your riding?

The Liberal government introduced the Canada Child Benefit to make life more affordable for families and will increase it for kids under age one.

We are investing \$71 million to improve high-speed internet access in eastern Ontario. We will

continue creating jobs and investing in local infrastructure.

We will protect the environment by investing in clean power, putting a ban on single-use plastics, and reaching net-zero emissions by 2050.

We will make life more affordable for seniors and widows, by increasing Old Age Security by 10% when seniors turn 75 and increasing the survivor's benefit by 25%.

Recent polls suggest many Canadians are disillusioned with politics. If elected, what would you do to address those concerns?

First and foremost, I'd listen, which would involve being present in the community. I would work with people of all political stripes to find innovative solutions to issues facing our riding and constituents.

As a young Liberal, I believe in positive politics - not personal attacks - and I strongly believe we need more women and youth with a seat in the House of Commons to change the political atmosphere.